



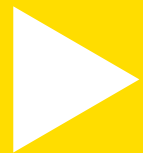
PORTUGAL EXPOSURE
DISCOVER MORE

Lisbon



A Travel Guide by Portugal Exposure

3-Day Lisbon Itinerary



Three days is a great length of time to discover Lisbon, the capital and largest city in Portugal. If you have four days we recommend adding a day trip to [Sintra](#).

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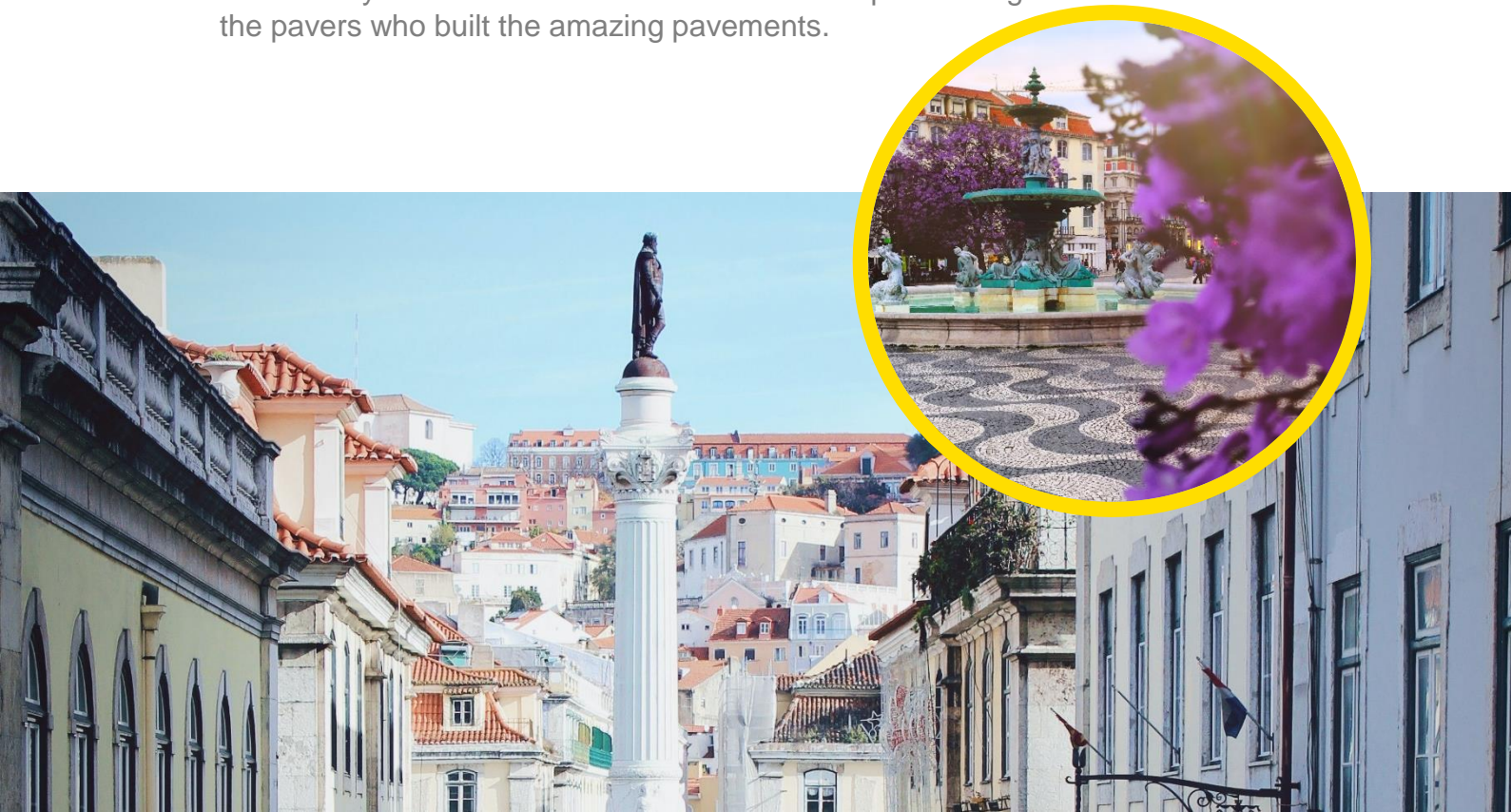


Lisbon ❁



Day 1

Start the day by heading to **Rossio**. This large square has been Lisbon's focal point for centuries. The attractively paved square features wave-patterned mosaics and a fountain. On the north side of Rossio is the D.Maria II National Theatre, (Teatro Nacional Dona Maria II). Rossio railway station dominates the northwest side of the square. Pay attention to the ornate façade featuring two Moorish-style horseshoe arches. A little further up on the right is a monument to the pavers who built the amazing pavements.



Next, head to **Praça dos Restauradores** a large tree and café lined square with a soaring obelisk that commemorates the country's liberation from Spain in 1640. As you stroll around the square on the west side you pass the Glória Funicular which goes up the hill towards Bairro Alto. Stroll around the square heading towards nearby Rua das Portas da Santo Antão, a pedestrianised street filled with excellent restaurants. Stop at Casa do Alentejo, a spectacularly restored Moorish palace, next door there is a café showcasing products from the Alentejo region, enjoy a coffee and taste some of the regional delicacies.

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Next stop is **Elevador de Santa Justa** a Neo-Gothic lift that links Lisbon's lowest and highest neighborhoods. ▶

A stunning panorama can be seen from the platform at the top, a great place to take photos.



▶ Next head to **Rua Augusta** and stroll down this lively pedestrianised street decorated with more of the mosaic pavements and lined with boutiques and cafés. The triumphal Rua Augusta Arch was built to commemorate the city's recovery from the earthquake.

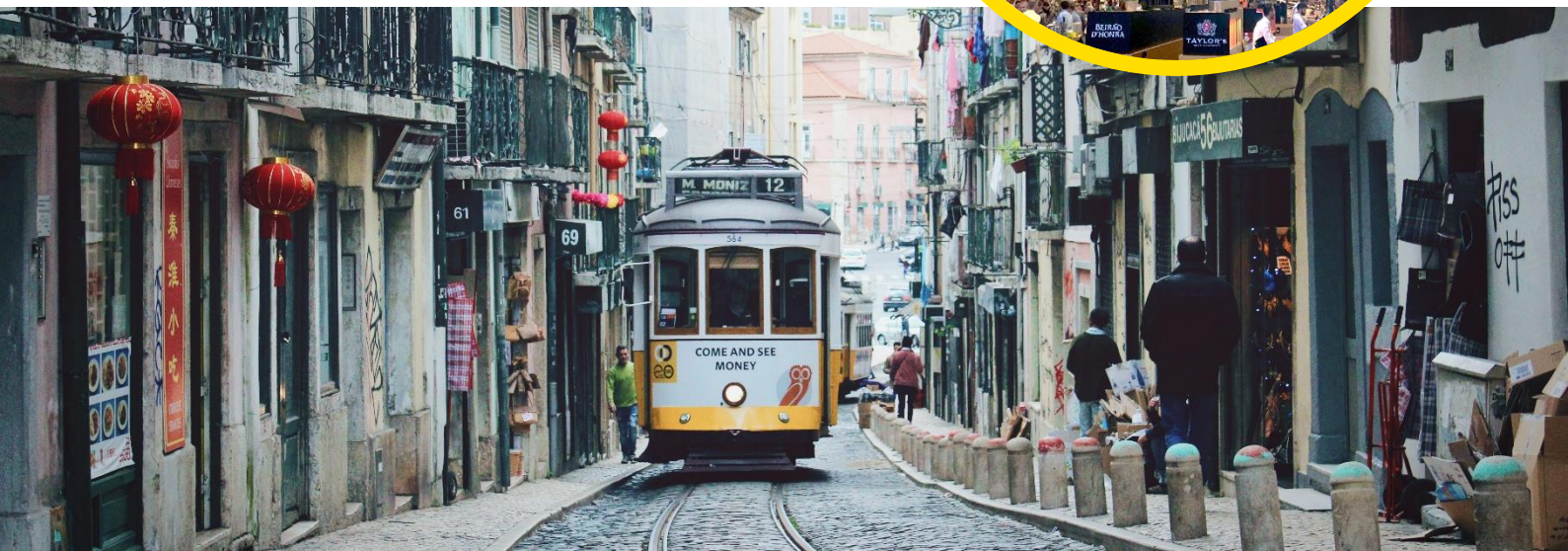


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- Next stop the riverfront **Praça do Comércio** is a vast square that has been the scene of major events throughout Lisbon's history. Spend some time on the square's stone steps that lead down to the Tagus.

It's time to head for lunch walk west towards Cais do Sodré as far as at the **Time Out Market (Mercado da Ribeira)** one of Lisbon's most popular attractions. A must-see spot for tourists who visit for the first time. A food court with loads of options from traditional Portuguese to burgers and sushi. It is a great way to sample some of Lisbon's best restaurants and bars under one roof.



After lunch head back towards **Chiado, Largo de Camões**. Along the way stop in **Largo São Carlos** to visit the Filigree Museum, the first museum in the country exclusively dedicated to filigree manufacture. Entrance is free, including a guided visit and an opportunity to see artisans at work. Next stop is Sant'Anna tile shop in **Rua de Alecrim** to see traditional Portuguese tiles and pottery. Finally head to Manteigaria in **Largo de Camões** to sample some of the city's finest custard tarts. When you hear the bell ringing it means a fresh batch is ready to be served

In the evening visit the **Red Frog** considered one of the best bars in Lisbon.

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Day 2

Start the day by heading to **Belém** to visit many historically significant sights and enjoy wide open spaces overlooking the Tagus River. The best way to get to Belém is by train, get on the train at *Cais do Sodré* station and get off at Belém station.

Your first stop is **Monument to the Discoveries** this monument was built in 1960 to mark the 500th anniversary of the death of Henry the Navigator.



Your next stop is **Belém Tower (Torre De Belém)** a fortress built in the 16th century that soon became a symbol of Portugal's great era of expansion. After admiring the intricate exterior, climb its narrow spiral staircase for breathtaking views. [Click here for Tickets](#)

Opposite Belém Tower is the **Sacadura Cabral** and **Gago Coutinho** monument which is an exact replica of the aircraft used in the first aerial crossing of the South Atlantic.

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Stop at **Antiga Confeitaria de Belém**, the birth place of custard tarts. This famous café has been baking the custard tarts since 1837 and you can see them being made before your eyes here. Be prepared to wait in the tourist season.



Next head to the CCB **Centro Cultural de Belém (Belém Cultural Centre)** a large complex of artistic venues. It houses the Berardo Museum Collection, an internationally renowned collection covering almost all the major modern artistic movements. Have lunch in the restaurant there overlooking the river.

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After lunch head to **Jéronimos Monastery**, Belém's most popular tourist attraction. This highly ornate monastery is a monument to the wealth of the Age of Discovery. There is always a queue for tickets so it is a good idea to purchase a ticket in advance. [Click here for Tickets.](#)



- ◀ The final stop in this area is the **National Coach Museum**. The museum is divided into two different units. The first is near the Antiga Confeitaria de Belém and the second part is just in front of the train stop at Belém station. It has a collection unlike any other in the world. There are more than 50 magnificent coaches meticulously preserved on display.

Spend the evening at a **Fado house**.

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Day 3

Today you visit **Castelo de São Jorge** (St George's Castle) one of Lisbon's top attractions. You get spectacular views of the city and Tagus from different angles. It is the best spot to get photos of Lisbon so be prepared. If you are fit and have comfortable shoes walk up to the castle. It is a steep walk but you get a real feel for the pulse of Alfama, Lisbon's oldest neighbourhood, passing cobbled stone streets, local artisan shops, churches, restaurants and cafés. There are two lifts that will take you half way up to the castle, the entrance is in *Rua das Fanqueiros* and just follow the signs for the castle. If you are not fit take a tuk tuk.



When you leave the castle head to **Miradouro das Portas do Sol** viewpoint for a rest and enjoy the view of Alfama and the river. Have lunch in the Baixa.

In the afternoon head to the Gulbenkian Foundation. It has one of the finest collections of art in Europe thanks to wealthy Armenian oil magnet Calouste Gulbenkian who spent years gathering this most amazing collection and left it to his adopted home Portugal. The best way to get to the Gulbenkian is by metro, get off at S. Sebastian station ([click here to plan](#)). The gardens are also worth a visit and are free of charge, a great place for a picnic if you are visiting Lisbon with a family.

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Best Places to Stay in Lisbon

LUXURY

Bairro Alto Hotel

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- For a luxury stay in the heart of Lisbon, Bairro Alto Hotel is located in a 19th century building near museums, shops and theatres. Renovated by award winning Portuguese architect, Souto Moura, blending Portuguese architectural elements with contemporary furnishings. The bar/terrace on the top floor offers views down to the riverfront and there is a restaurant run by an award winning chef.
- There are 87 guestrooms, including 2 signature suites, 8 Suites and 12 Junior Suites. Guestrooms offer views over the Tagus.

MID RANGE

Heritage Avenida Liberdade

[Click here for latest prices](#)

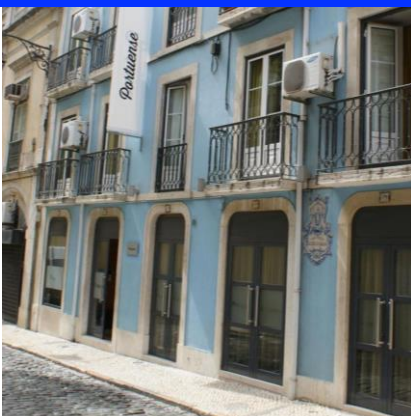


- Boutique hotel located on Lisbon's main avenue *Avenida da Liberdade* perfect for sightseeing and shopping. The hotel occupies an artfully restored townhouse. There is a small pool with water jets, a gym and a library.
- There are 26 rooms spread over 6 floors, rooms are simply decorated to preserve original features.

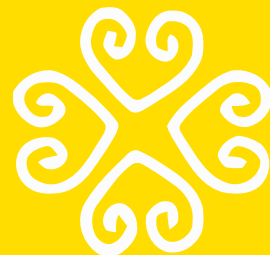
BUDGET

Hotel Portuense

[Click here for latest prices](#)



- One of the best budget hotels in Lisbon where you won't have to sacrifice location and comfort. This family run hotel is located in the historic centre parallel to *Avenida de Liberdade*, a short walk from Rossio train station. There are plenty of bars and restaurants nearby, an ideal Lisbon base for shopping and sightseeing.
- All rooms are air conditioned with private bathrooms and flat screen TVs. There are single, double, twin and triple rooms available. Price includes continental breakfast.



*Have the best holiday ever in
Portugal*

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